

Hussain Wahab

Consultant Orthopaedic Surgeon — Paediatric Orthopaedics & Trauma

Lower Dir, KPK, Pakistan

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Dr.hussainwahab@gmail.com

PMDC No. 17565-N

MBBS, FCPS

(Orthopaedics)

Born 27 December 1986

hussainwahab.com/linkedin

Orthopaedic consultant with extensive experience in the diagnosis and management of musculoskeletal conditions, skilled in both surgical and non-surgical intervention and oriented always toward the best possible patient outcome. Sub-specialty interest in paediatric orthopaedics and trauma, with a sustained record of research, teaching and audit. An effective collaborator in multidisciplinary teams, seeking to bring clinical excellence and leadership to a progressive medical institution.

APPOINTMENTS & EXPERIENCE

Dec 2024 — present

Assistant Professor, Orthopaedics

HBS Medical & Dental College, Islamabad

Sep — Dec 2024

Head of Emergency & Trauma

MaxHealth Hospital, Islamabad

Sep 2023 — Sep 2024

Paediatric Orthopaedic Fellowship

Pakistan Orthopaedic Association Fellowship — Hayatabad Medical Complex, Peshawar

Jun 2021 — Sep 2023

Senior Registrar, Orthopaedics

Northwest General Hospital & Research Centre, Peshawar

Junior consultant managing trauma admissions, running independent clinics and operating lists at Northwest Teaching Hospital, and assisting senior surgeons on complex cases.

Feb – Jun 2021

Senior Registrar, Orthopaedics

Al-Nafees Medical College & Teaching Hospital (Isra University), Islamabad

Junior consultant in trauma, with independent clinic and theatre responsibility.

Mar 2020 – Feb 2021

Registrar, Orthopaedics

Al-Nafees Medical College & Teaching Hospital (Isra University), Islamabad

Trauma and elective orthopaedic caseload.

Jan 2016 – Dec 2019

Resident, Orthopaedics

Aga Khan University Hospital, Karachi

Rotational training across the orthopaedic super-specialties.

Jan 2014 – Dec 2015

Training Medical Officer

Post Graduate Medical Institute, Peshawar – surgery and allied specialties

Jul – Dec 2013

Training Medical Officer

Shifa International Hospital, Islamabad – surgery and allied specialties

Feb – Jul 2013

Demonstrator, Biochemistry

Rawal Institute of Health Sciences, Islamabad

Feb 2012 – Feb 2013

House Job / Internship

Pakistan Institute of Medical Sciences (PIMS), Islamabad

EDUCATION & QUALIFICATIONS

2013 – 2019

**FCPS — Fellow of the College of Physicians & Surgeons
Pakistan**

	Aga Khan University Hospital, Karachi — Orthopaedics residency	48 months
	Khyber Teaching Hospital, Peshawar — General surgery residency	18 months
	Hayatabad Medical Complex, Peshawar — Orthopaedics residency	6 months
	Shifa International Hospital, Islamabad — General surgery residency	6 months
2007 – 2011	MBBS — Bachelor of Medicine & Bachelor of Surgery <i>Shifa College of Medicine, Bahria University, Islamabad</i>	
2004 – 2006	Higher Secondary School Certificate <i>Islamabad Model College for Boys F-10/3 — Federal Board</i>	
2002 – 2003	Secondary School Certificate <i>Islamabad Model College for Boys F-10/3 — Federal Board</i>	

PUBLICATIONS

- 01 Correction of lower limb deformities with fixator-assisted nailing. *First author.*
Wahab H, Fahad S, Noor-Us-Sabah TA, Mohib Y, Ur Rashid H, Umer M. *Ann Med Surg (Lond)*. 2019;45:40–44. PMID 31360459.
- 02 Arthroscopic removal of loose bodies in synovial chondromatosis of the shoulder joint — an unusual location of a rare disease: case report and literature review. *First author.*
Wahab H, Hasan O, Habib A, Baloch N. *Annals of Medicine and Surgery*. 2019;37:25–29.
- 03 Outcome of percutaneous screw fixation of posterior pelvic ring injuries. *First author.*
Wahab H, Hashmi P, Kasi H, Baloch N, Ahmad T, Rashid H, Umer M. *JPMA*. 2021;71(8 Suppl 5):S70.

- o4 Aetiology of total knee arthroplasty failure and functional outcome of revision knee arthroplasty. *First author.*
Wahab H, Qadri TA, Abbas AM, Khan J, Khattak MJ, Umer M, Hashmi PM. *Journal of Pakistan Orthopaedic Association.* 2021;33(04):157–161.
- o5 A case report of a child with fibrodysplasia ossificans progressiva (FOP), with a literature review of its management. *First author.*
Wahab H, Ibrahim M, Qadir RI. *Journal of Pakistan Orthopaedic Association.* 2023;35(01):62–66.
- o6 A case report of a young girl with fibrous dysplasia concomitant with secondary aneurysmal bone cyst.
Wahab H, Birlas A, Ibrahim M, Khattak NS, Qadir RI. *Journal of Pakistan Orthopaedic Association.* 2023;35(2):23–27.
- o7 Frequency of restoration of the mechanical axis in primary total knee arthroplasty using the mal-alignment test on pre- and post-operative scanograms. *First author.*
Wahab H, Janjhua Fahad S, Khan J, Hashmi P, Umer M. *JBSS.* 2026;01(01):1–10.
- o8 Assessing the quality of orthopaedic operation notes: an audit cycle.
Khan W, Shahzad F, Bilal H, Nawaz H, Wahab H, Hassan R. *J Pak Med Assoc.* 2025;75(12):1928–1931. PMID 41418243.

PRESENTATIONS

Results of acute lengthening and angulation of ulna fracture with or without annular ligament reconstruction for delayed Monteggia fracture-dislocation — <i>9th Annual Paediatric Orthocon, Peshawar</i>	Apr 2024
Restoration of mechanical axis after total knee replacement — <i>poster, 1st PGMI Con, Post Graduate Medical Institute, Peshawar</i>	Mar 2024
Clinical audit of hip arthroplasty patients at Northwest General Hospital — <i>1st Northwest Annual Research Conference, Peshawar</i>	—
Outcome of percutaneous fixation of the SI joint in pelvic ring injuries — <i>International Pak Orthocon</i>	2019

Fixator-assisted nailing — <i>Surgical Grand Round, Aga Khan University Hospital, Karachi</i>	2019
Correction of lower limb deformities (2018); wrist pain and four-corner fusion (2019) — <i>City Meeting, Orthopaedics Karachi Chapter</i>	2018–19
Orthopaedic Tumour Board — <i>Aga Khan University Hospital, Karachi</i>	2016, 2019
1st Pak–Egypt Joint ASAMI Conference — <i>Khyber Medical College, Peshawar</i>	Nov 2017
Restoration of MAD after TKA — <i>Surgical Grand Round, Aga Khan University Hospital, Karachi</i>	2017

CERTIFICATES & COURSES

Basic Life Support — <i>Shifa Life Support Training Center (AHA), Apr 2026</i>	Hand Surgery Workshop — <i>CMH Rawalpindi, Apr 2017</i>
Primary Trauma Care — <i>Northwest General Hospital, Peshawar, Dec 2021</i>	Foot & Ankle Surgery Workshop — <i>Aga Khan University Hospital, Dec 2016</i>
Advanced Cardiac Life Support — <i>Aga Khan University Hospital, Karachi, 2018</i>	Hand Surgery Workshop — <i>Indus Hospital, Karachi, Nov 2016</i>
Orthopaedics Review Course — <i>Aga Khan University Hospital, May 2017</i>	Synopsis Writing — <i>Aga Khan University Hospital, Apr 2016</i>
Limb Deformity Conference — <i>SZABMU (PIMS), Islamabad, Mar 2017</i>	Research Methodology, Biostatistics & Dissertation Writing — <i>CPSP, Islamabad, 2014</i>
Tendon Repair Workshop — <i>CMH Rawalpindi, Apr 2017</i>	Communication Skills — <i>CPSP, Islamabad, 2014</i>
	Computer & Internet Workshop — <i>CPSP, Islamabad, 2014</i>

REFERENCES

Dr Salik Kashif

Assistant Professor
Paediatric Orthopaedic
Surgeon
Hayatabad Medical Complex,
Peshawar

salikkashif@gmail.com

Dr Pervaiz M. Hashmi

Associate Professor & Service
Line Chief, Orthopaedics
Hand, microvascular and
peripheral nerve surgeon
Aga Khan University Hospital,
Karachi

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Dr Khushnood Ali Baz

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